

JAWAHAR NAVODAYA VIDYALYA :: PALAIR :: KHAMMAM DIST (T.S)
MESS MENU PARTICULARS

DAY	MORNING	BREAKFAST	LUNCH	SNACKS	DINNER
MONDAY	RAAGMALT	ZEERA RICE, CHUTNY, RASAM	RICE, DAL WITH LEAFY VEGETABLES, CURRY, CURD, RASAM	BISCUITS	RICE, SAMBAR, CURRY, CURD & CHAPATI FOR MIGRATION STUDENTS
TUESDAY	RAAGMALT	IDLY, CHUTNY, KARAM POOJI	RICE, DAL WITH VEGETABLES, EGG CURRY, CURD, RASAM, SWEET FOR VEGETARIANS, FRIED CURRY FOR VEGETARIANS	CORN FLEX	RICE, SAMBAR, CURRY, CURD & CHAPATI FOR MIGRATION STUDENTS
WEDNESDAY	RAAGMALT	MYSORE BONDA, CHUTNY, KHICHIDI, CHUTNY, RASAM	RICE, DAL WITH LEAFY VEGETABLES, RASAM, CURRY, CURD	FRUITS	RICE, SAMBAR, CURRY, CURD, CHUTNY & CHAPATI FOR MIGRATION STUDENTS
THURSDAY	RAAGMALT	RASAM	RICE, DAL WITH VEGETABLES, CURRY, CURD, RASAM	BENGAL GRAM	RICE, SAMBAR, CURRY, CURD, CHUTNY & CHAPATI FOR MIGRATION STUDENTS
FRIDAY	RAAGMALT	DOSA, CHUTNY	RICE, DAL WITH VEGETABLES, EGG CURRY, CURD, RASAM, SWEET FOR VEGETARIANS, FRIED CURRY FOR VEGETARIANS	FRUITS	RICE, SAMBAR, CURRY, CURD, CHUTNY & CHAPATI FOR MIGRATION STUDENTS
SATURDAY	RAAGMALT	FRIED RICE, POTATO CHANA CURRY	RICE, DAL WITH VEGETABLES, CURRY, CURD, PAPAD, RASAM, SWEET	PUFFED RICE	RICE, SAMBAR, CURRY, CURD, & CHAPATI FOR MIGRATION STUDENTS
SUNDAY		CHAPATI/POORI, CURRY, BOOST	RICE, DAL WITH VEGETABLES, EGG CURRY, CURD, RASAM, SWEET FOR VEGETARIANS, FRIED CURRY FOR VEGETARIANS	BISCUITS	RICE, SAMBAR, CURRY, CURD, CHUTNY & CHAPATI FOR MIGRATION STUDENTS

SPECIAL MENU ON OCCASIONS

FRIED RICE, WHITE RICE, CHICKEN CURRY, CHICKEN SOOP, PANNER CURRY FOR VEGETARIANS, FRIED CURRY FOR VEGETARIANS, CHUTNY, SWEET, PAPAD, CURD/RAITHA, SAMBAR

*** WHEN AVAILABLE THREE TIMES FRUITS IN A WEEK**

Dr. C. Palai



Dr. S. S. S.

Dr. S. S. S.
 प्रधान / PRINCIPAL
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